

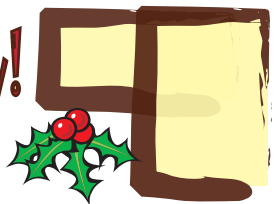
APPETIZERS

Garlic Bread	2.95
Garlic Bread plus tomato and herbs	3.00
Garlic Bread with mozzarella cheese	3.50
Garlic Bread with tomato, herbs and mozzarella	3.50
Why not add anchovies, mushrooms or olives to your garlic bread	0.75
Tortilla Chips served with hummus, Sour cream and Thai chilli sauce	3.00
Mixed olives	3.00

MEDITERRANEAN PLATTER

Cave cooked flat bread, served with hummus, sundried tomato and olives	4.75
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Book for Christmas Now!



TO START

MD Prawn Cocktail A Classic prawn cocktail served with Marie rose sauce and tortilla chips for an interesting twist	4.50
MD Stuffed Mushrooms V Field mushrooms stuffed mozzarella, red onion and sundried tomato, served with a balsamic dressing.	4.50
MD Chargrilled peppers and Feta cheese V Herb marinated chargrilled peppers & Feta cheese served on a bed of leaves bound with a vinaigrette	4.50
Barbecue Spare Ribs Succulent belly of pork ribs, slowly roasted in our barbecue sauce until tender and falling off the bone.	4.95
MD Flamin Cesar Salad A salad of Cajun marinated chicken served with anchovies, parmesan cheese, continental leaves and cesar dressing	4.50
Deep fried Squid Chunks of squid deep fried in a delicate batter and served with a mango and ginger chilli dip.	4.95
Tempura Prawns Large prawns peppers and onions served deep fried in a delicate batter served with a Thai Chilli dip	4.95
MD Asparagus spear and Parmen shavings V Fresh asparagus cave roasted and shards of Parmen chesse accompanied with a balsamic dressing	4.50
MD Soup of the Day V Freshly made soup served with our own made flat bread	4.00

ALL OF OUR MEAT IS SUPPLIED BY PATTIS PRIME OF MOSSLEY, WHO CAREFULLY SELECTS THE FINEST BRITISH MEATS SOURCED **LOCALLY**

V-Vegetarian suitable **N**-Contains nuts **MD**-Order a starter; Main & dessert for a fixed price £18.95

Please be patient at busy times as fresh food takes time to prepare, but is worth the wait....

On Saturday Evenings after 7pm, everybody must order a minimum of 1 main course per person



IT'S PASTA £7.95

Cannelloni V	Pasta tubes filled with mushrooms & ricotta cheese served in a tomato sauce.
Tortellini V	Tortellini filled with classic ricotta and spinach served with a tomato sauce
Salmon and Prawn	Chunks of Salmon with prawns, served with a cream sauce in pasta
Penne Pollo	Chicken and mushroom in a cream sauce with pasta.
Penne Mediterranean V	Pasta served with Mediterranean roasted vegetables and a tomato sauce.

FLAMIN FAJITA'S HOUSE SPECIAL

MD Chicken Fajita	Marinated in traditional Mexican spices	11.95
MD Rosemary Lamb	Rosemary and garlic scented lamb	12.95
MD Barbecued salmon	Marinated in a Smokey barbecue sauce	11.95
Veggie Fajita V	A melody of vegetables in Mexican spices.	9.45
Chilli Beef	Beef marinated in chilli and black pepper & garlic	13.95

STONE BAKED PIZZA

	Pizza	Calzone	
Margarita	Tomato and mozzarella V	6.95	7.45
The follow pizza's are	Margaritas with additional toppings		
Hammy Funghi	Mushroom garlic ham	7.95	8.45
Aromatic Duck	Hoi sin, duck, spring onion & cucumber	8.85	9.35
Cajun Pizza	Cajun chicken, peppers and onions	8.85	9.35
All Stars	Double pepperoni onions	8.85	9.35
King Neptune	Prawns anchovies Salmon garlic & a fresh scallop	9.95	10.45
Flamin Meat Feast	Pepperoni, ham, and chilli beef fillet	9.95	10.45

Any extra Veg £1.00 Any extra Meat/fish topping £1.25 each ask for today's selections

MAINS COOKED IN OUR BRICK FIRED CAVE

Sirloin Steak OR Fillet Steak A Sirloin steak with mixed Mediterranean vegetables cracked pepper cream sauce or our barbecue sauce	Sirloin 13.95	Fillet Steak 14.95
MD Chicken & Pasta A Chicken Breast filled with spring onion, ham & mozzarella cheese served with pasta and a herb cream sauce.		11.95
Surf and Turf, Beef fillet medallions, cave roasted with Prawns, served with Mediterranean Vegetables and a scented herb cream sauce.		17.95
MD Lamb Steak A chargrilled Lamb steak placed on a bed of cave roasted onions, potatoes and peppers, served with a Naploise sauce.		12.95
MD Salmon & Spring onion rice. Salmon roasted, on cedar wood, served with basmati rice studded with spring onion and cracked black pepper with fresh herb white wine cream sauce.		12.95
Stuffed Field Mushrooms V A field mushroom served with creamed mushrooms and asparagus		9.95
MD Salmon and prawn Fishcakes Salmon and prawn Fishcakes served with rustic chips a chive sour cream.		12.95
Linguine Seabass and Scallop Seabass and Scallop cave roasted served with a Linguinee pasta coated with a lemon and herb butter.		14.95

SIDE ORDERS:- Rustic Chips, Tomato onion salad or mixed salad £2.50 Straw Potatoes £2.75

0161 338 51 www.flaminosh.co.uk

Menu

MEAL DEAL

order a starter main course

& dessert with a **MD** next to

it & pay only £18.95

Desserts

£4.15 all MD

Raspberry Cheesecake

A cheesecake made with a raspberry topping and served with its own coulis

Baileys Panacotta

Classic Italian cream dessert, made with the addition of Baileys.

Chocolate Torte

Chocolate heaven!

Orange Crème Brulèe

Orange Creme Brulee served with caramelized crust accompanied with biscuit.

Bread & Butter pudding.

The original bread pudding served piping hot with fresh cream

Banoffee Parfait.

A iced frozen parfait dessert flavoured with toffee and bananas.

Today's Special dessert

Please ask.....

Ice Cream Basket

A tuille basket filled with a selection of Ice-cream. Choose from Vanilla bean, Strawberry, Chocolate.

Platter of Cheese

A selection of Cheeses served with a tomato pickle and biscuits

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Liqueurs served as 25ml

Archers Peach	£2.40
Drambuie	£2.05
Tia Maria	£2.05
Grand Marnier	£2.85
Amaretto	£2.15
Cherry Brandy	£2.15
Crème de menthe	£2.15
Crème de Cassis	£2.15
Sambuca	£2.15
Cointrean	£2.15
Bailey's	£2.15
Benedictine	£2.15

Beverages served with
Home-made fudge or biscuit

Cappuccino	£1.95
Lattè	£1.95
Filter coffee	£1.50
Espresso	£1.75
Pot of Tea	£1.50
Hot Chocolate	£1.95
Floater	£1.95
Liqueur Floater	£1.95 +Liqueur

Ports/Aperitif served as 50ml

House Port	£1.95
Grahams LBV	£2.20
Taylors 10y r	£4.25
Martini	£1.85
Pimms	£1.85
Campari	£1.85
Gran Capataz (fino)	£2.05
Harvey med/dry	£2.05

Why not book a private function at Flamin nosh, Christening, Wedding, Celebrations



Book for Christmas Now!

Flamin nosh restaurant
& Lounge bar